

More

beauty

BEAUTY NEWS

Bold Polish WOULD YOU DARE?

If it's all over the runway on *TRENDY* twenty-somethings, it can't possibly be OK for us, right? **NOT SO FAST!** Five *More* staffers test **DARK** and **METALLIC** polishes first, ahem, hand



1 | CND POLISH IN ROCK ROYALTY (\$6; goindulge.com)

"Dark nails looked wonderfully glamorous. I'd prefer a deep burgundy, though. Purple felt a little teen rocker to me." —JUDY GOSS

2 | ESSIE POLISH IN LOOPHOLE (\$8; essie.com)

"Silver polish was fun—for a day. But I wouldn't wear it again. Now that I'm over 40, I know what is and isn't my style." —DAWN RAFFEL

3 | LIPPMANN COLLECTION LACQUER IN MANEATER (\$15; lippmanncollection.com)

"This color looked elegant, as if my fingers were tipped with mink. I'd wear it for evening events." —JUDY COYNE

4 | SPARITUAL LACQUER IN GOLD DIGGER (\$9; skinstore.com)

"This polish is surprisingly understated. Like nude lacquer, it goes with everything. It did lose luster fast though; I reapplied a topcoat daily." —SUSAN SWIMMER

5 | DIOR POLISH IN POISON BLUE (\$19; macys.com)

"I got lots of compliments—mostly from fashionable younger women. I was also surprised at how well this shade flattered my olive skin." —ILA STANGER



A bud in a bun: Yes, you can

We'd never suggest you don a tiara, but sliding a flower pin into your do can add an age-appropriate je ne sais quoi—especially for a party. No way, nohow? Clip the pin on your coat collar instead. Shown: Jennifer Behr Patent Orchid Pin (\$162; jenniferbehr.com).



CRANKY WINTER SKIN

"As the weather gets colder and dryer, women with mature skin often complain about chapping and itchiness," says Amy Derick, MD, a dermatologist in Barrington, Illinois. Soothe yourself with one of these.



CLINIQUE MEDICAL RECOVERY WEEK COMPLEX (\$65; clinique.com) uses hydrocortisone to calm redness caused by a bitter, biting wind (or by an in-office treatment like a chemical peel).



ZO SKIN HEALTH BY ZEIN OBAGI, MD ORASER OVERNIGHT HAND RECOVERY (\$65; zoskinhealth.com) instantly nourishes raw hands with shea butter and avocado oil—plus it diminishes dark spots with retinol.



DIOR CAPTURE TOTALE HAUTE NUTRITION BODY CONCENTRATE (\$125; nordstrom.com) replenishes your skin's lipid layer—preventing moisture loss. (Give your heels and elbows an extra helping.)